

2018-19 NEST+m PSAL Winter Sports Season

November 1st - March

SPORT	COACH	EMAIL	START DATES	LOCATION
Boys Basketball	Coach Charles Hohl	chohl@schools.nyc.gov	TRYOUTS 10/23/18 from 3:45pm - 6:15pm 10/26/18 from 4:00pm - 6:15pm	NEST+m Gymnasium
Girls Basketball	Coach James Castillo	jcastillo4@schools.nyc.gov	TRYOUTS 10/30/18 from 2:45pm - 4:00pm	NEST+m Gymnasium
Co-Ed Indoor Track and Field	Coach Jackie O'Connor	joconnor10@schools.nyc.gov	TBA	3rd Floor Gallery Walk
Girls Table Tennis	Coach April Barabash	abarabash@schools.nyc.gov	FIRST MEETING 10/23/18 at 2:40pm	NEST+m Gymnasium

All student-athletes must have completed PSAL Physical and PSAL Parent Consent forms in order to participate in tryouts, practices, and games.

All forms and information can be found at psal.org or the following link
<https://nestmk12school.files.wordpress.com/2015/08/psalform.pdf>

Any sport specific questions, please email the coach of the sport. If you have any general athletic questions, please email Athletic Director Chad Cinquegrana at
ccinquegrana@schools.nyc.gov